

GOOSEBERRY

*Journey from
Sour to Sweet*



A Venture by **St. Mary's School, Nagina**

Manager's Message



I am glad that St. Mary School Nagina is bringing out 'Gooseberry' a newsletter. I congratulate the entire team who worked behind to bring out this newsletter. The true meaning of Education is well captured in the title of the Newsletter. Education and schooling are a time when one feels bitterness, soreness, and sourness due to its binding forces like discipline, rules and regulations, practice, homework, and timely corrections. However, the result of such education and schooling is rewarding like the development of good character, healthy personality, promising citizens, and a Productive workforce. This is the same as one feels the sweetness as an aftertaste of gooseberry. I wish all the success to all our teachers, students, and parents who are engaged in such kind of an education process in this school, and let this process of education find its sweetness in our children. God bless them all.

Rev. Fr. Anoop Peter CMI



Principal's Message

I am delighted to introduce the first edition of the newsletter of St. Mary's School, Nagina, meaningfully titled Gooseberry : A Journey from Sour to Sweet. This publication beautifully reflects the growth and transformation within our school community in the last six months. Just as a gooseberry ripens from sour to sweet, this newsletter highlights the efforts, creativity, and accomplishments of the St. Mary's family. My sincere appreciation and hearty congratulations to everyone who contributed to this wonderful journey. May God bless all of us.

Fr. Shaiju Raphael CMI

Chief Editor's Message



Dear Students,

"KNOW THYSELF" is the greatest knowledge one can have – Socrates. The prime aim of education is also defined as knowing oneself. Why do we come to school? It is to bring out what your real talents are. By-hearting and recollecting is not what education is. It is in creating something new. Always give importance in creating new ideas through which you can express your individuality. The new world is the world of opportunities. But it opens only for two kinds of people – Excellent and Different. Either you have to be excellent in what you do or be different. Let us make this journey either to be excellent or different.

Mr. Sobin Xavier
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Fr. Anoop Peter CMI

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Fr. Shaiju Raphael CMI

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Mehreen Shamshi



Mehraan Zaidi

A HOPEFUL BEGINNING



The new session of the academic year 2024-25 was commenced on 18th March 24. The session started with a prayer session. **Fr. Davis CMI, Provincial Superior** inaugurated and blessed the new beginning. Fr. Cyriac, social worker from NBS was the guest of honour. Our manager Fr. Anoop and Principal, Fr. Shaiju welcomed four new teachers to our family. Certificates were distributed to students who were the part of **Basic Computer Training Programme** organised by **St. Mary's Social Work Department**. This programme was organised for the students from the backward community.

FEAST DAY CELEBRATION

The feast day of Fr. Anoop, Manager of our school was celebrated on 19th March 24. A cultural event was organised to make this day memorable.



Welcome & Farewell

A thankful farewell was offered to **Sr. Bincy, KG Incharge** and **Sr. Leeza, Vice Principal** as they were completing their 3 years service in St. Mary's School.

A warm welcome was given to **Sr. Jismy**, newly appointed **Vice Principal** and **Sr. Anjali, New KG Incharge** by Fr. Anoop, The Manager.

The St. Mary's school section organised a small cultural program to thank and welcome all.



CLASS – XI

The new session of class-XI was started on 4th April 2024. Fr. Anoop, manager motivated the students with his words. Other than Science and Commerce, **Humanities** –the new stream was introduced in St. Mary's School.

INVESTITURE CEREMONY

Investiture ceremony of the session 2024-25 was conducted on 9th April 2024. **Mr. Naresh, SHO Nagina** was the chief guest of the day. **Fr. Taison, Rector** was the guest of honour. The elected members were given badges and slashes by the guests. A short cultural program was also organised.





VIDHYAARAMBH SAMAROH

Vidhyaarambh Samaroh was organised in KG on 15th April 2024. Fr. Davis Varayilan CMI, provincial superior was the chief guest of the day. The students of class Nursery started their education on this special day. The gathering was blessed with the message of Fr. Davis CMI.

On this same day, Sewing Machines were gifted to the ladies of backward community by **St. Mary's Social Work Department**.

Bagless Day



The first **Bagless Day** was introduced on 27th April 2024. Fr. Shaiju, the principal introduced various clubs like Cultural Club, Literary Club, Games Club etc. The day was designed to have House and Club meetings and activities. Different clubs were advised to organise various programs on Saturday assembly.





Social Club organised a program to honour our Non-Teaching staff on account of Labours Day. The students washed the hands of all the staff as a token of respect towards them. Fr. Anoop, Manager presented a token of love to all the non-teaching staff.

On the same day, teachers and students distributed useful things and drinks to the people of nearby village. Students performed some cultural programs for the villagers.



THE GREAT RESULT DAY

The result of **ICSE & ISC** was declared on 6th May 2024. The day is memorable with happiness and fame. **Sparshi Bishnoi** of **Class – X** topped with **98.2%**. **Mohd Adnan Shamsi** with **92.5%** and **Vania Fazli** with **83.75%** topped the ISC Science and Commerce respectively. All the students were called to the school and was congratulated by Fr. Anoop, Manager and by the entire staff.



DISCOVERING THE SELF

A staff orientation program was organised for all the teaching staff. It was held in Maria School, Jaspur. All the teachers from our school took part in this training program. The resource team was led by **Dr. Richrad** and **Dr. Suku Thomas** from Christ College, Bangalore.

A special training for teachers was given by the Lofty Technologies on 2nd July.



Our school basketball team has participated in Fr. Raymond Memorial Basketball Tournament held at St. Joseph's Academy, Ghaziabad. Our team presented a good performance and got appreciation from all.



ST. MARY'S DAY

We celebrated St. Mary's day with all its pomp and show. Bishop His Eminence Mar John Vadakkal was the chief guest of the day. Fr. Pauly, Assistant Manager, was the guest of honour. Bishop Mar John Vadakkal greeted the students with his words of wisdom. Prizes and certificates of the academic year 2023-24 were distributed. The cultural department organised various cultural programs.





INDEPENDENCE DAY CELEBRATION

The school celebrated the Independence Day with all its patriotic spirit and enthusiasm. Fr. John Chakkanat CMI, the Chief Guest of the Day hoisted the flag and delivered Independence Day message. Fr. Gerald CMI was the guest of honour of the day. Various programs like March Past, PT display, Patriotic dance, Patriotic songs were given more colours to the celebrations. Patriotic Group Dance Competition by different houses made a great attraction among the audience. A friendly basketball match also was held between School Team and Teachers.



INTERHOUSE CULTURAL AND SPORTS MEET



Inter house cultural and sports meet were held on, in the months of July and August. Cultural events like speech, declamation, solo song (English/Hindi), English storytelling, dance etc. were held. Games like basketball, cricket, badminton, volleyball, chess, table tennis etc. were conducted.



F A R E W E L L



W E ♥ W I L L
M I S S ♥ Y O U





MY SWEET HOME



Priyal Chauhan
III-B

Home sweet home
I love my sweet home
I like my home not because
It has a beautiful look,
But it's my own home.
Home sweet home
I love my sweet home
Whenever I feel tired,
After running here and there,
My mother lies on a coat beside me,
And she starts singing a folk song,
I ask for more songs,
With my sleepy eyes,
That's why I love my home.
Home sweet home
I love my sweet home.



PRAYER

O Almighty God, creator of us all,
helps us to study well. Prevent us
from all diseases. Keep us safe and
keep us away from all negative
thoughts. Thank you for giving us
food, shelter, friends, parents and
everything to survive. Help us to
begin a new day with happiness.

Amen



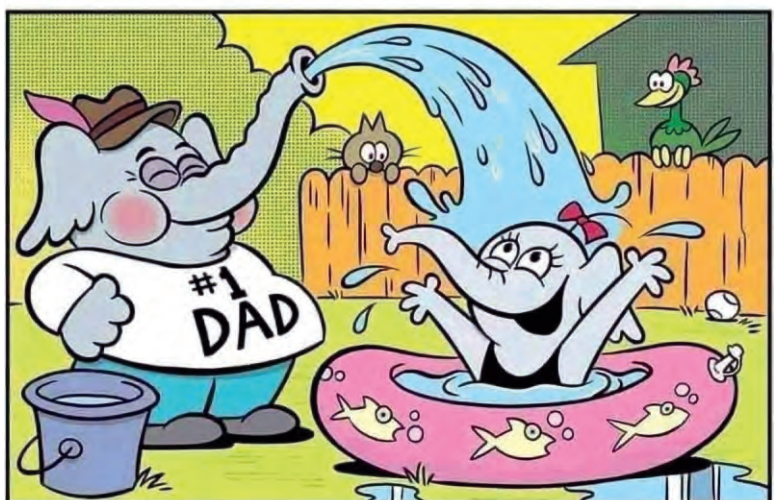
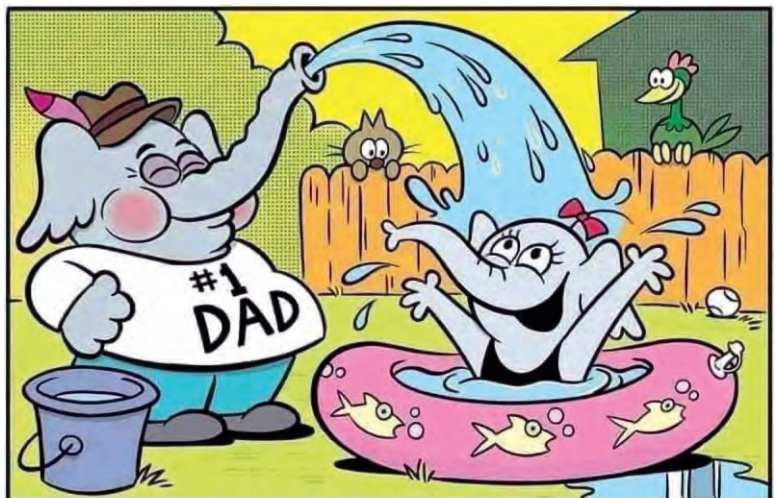
THE HELPFUL CLOCK



Areeba Shamsi
VI-B

The clock goes round and round
Never stopped it's found
It tells the time, while
Reading, playing and about everything
It takes us to the Bus,
And keep on it our focus.
It takes us to the school,
And tells us, it's time to pool.
Mostly it is white or brown,
Looks like the wall wore a crown,
It tells the farmer to go to the pasture,
And students for departure.

FIND OUT THE DIFFERENCES



RELIGIOUS FANATICISM



A Major threat to Humankind

Nishtha Bhardwaj, XII-A

"Religion is the opium of the people." —Karl Marx

It is pretty obvious that religion is inevitable. If you think that scientists do not divide themselves into religious sects, you have never listened to a roomful of biologists agree about the definition of species.

Nevertheless, we can also not neglect the fact that religion becomes threat when it takes an extremist form, when people do not think twice before killing on the name of religion or promoting slavery and racism based on what they believe in.

How many religious extremists do you think does it take to turn on a light bulb? None. They just sit in the dark and believe that the light is still on.

Religion becomes deleterious when people forget that all that matters is the destination i.e. to connect with the Supreme and not the path they choose.

Religious fanaticism as a whole was never a genuine help to mankind instead it always served the purpose of those who wanted to control the society. It is an instrument of manipulation and alienation.

Why? Why is it such a thing?

Because the basic principle of religion is faith - faith is what makes people accept things without requiring explanation. Faith, as opposed to scepticism, is what allows people to kill without questioning, accept being enslaved without questioning and act without thinking twice.

All the worst things that ever happened to humankind slavery, alienation, racism, wars all of them have always been backed by religious extremism.

It can be concluded that religion becomes a threat to mankind when we decide to let religion define us. That's when the world goes awry. Therefore, we should never let it take toll on us and always remember that religion is just a mere part of life and not our life as whole.



***Real Life Experience by
Abdul Hakam Saga, X-C***

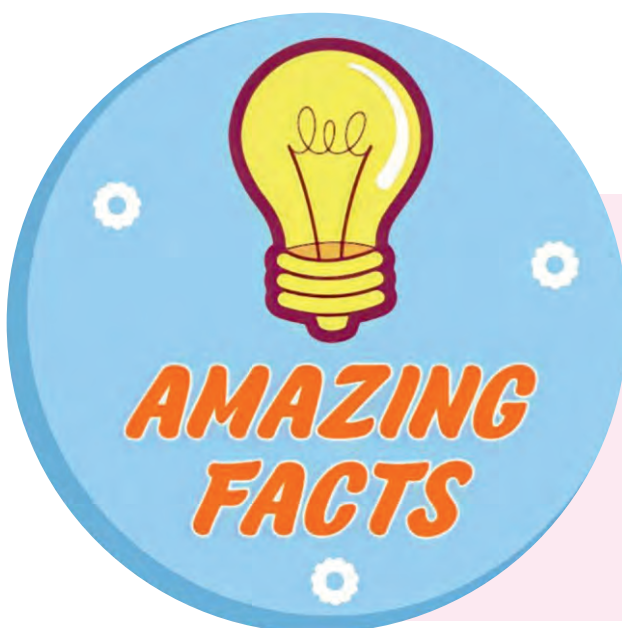
THE FUNNY LETTER

This was an incident when I was in class second. Our Hindi exam was going on. The teacher was distributing the question paper. As I got the paper, I started to read was it. In the paper there was a question 'Write a letter to take a leave due to illness' in Hindi letter is called 'Prarthna part'. I reflected that 'Prarthna' means prayer and 'part' means letter. So, we have to pray to God for our good health. I started to write the letter, I had written some points like – ***"Hey bhagwaan humari sehat sahi rakhna, hey bhagwaan humari saari pareshani door kar de, hume hamesha sehatmand rakh"*** (O Lord, keep our health intact, O Lord, alleviate all our troubles, keep us always healthy.) Then I submitted the sheet thinking that I have done it correct.

After a few weeks Parents Teacher Meeting was held. I came with my parents for seeing the sheets. Then my Hindi teacher came and showed my Hindi sheet. She was laughing on the letter and when my parents saw it, they also started to laugh. Then they explained me what a Prarthna part is.

Drawing Dreams

Created by : Aradhya Arya, VII-A



Mehreen Shamsi, VIII-C

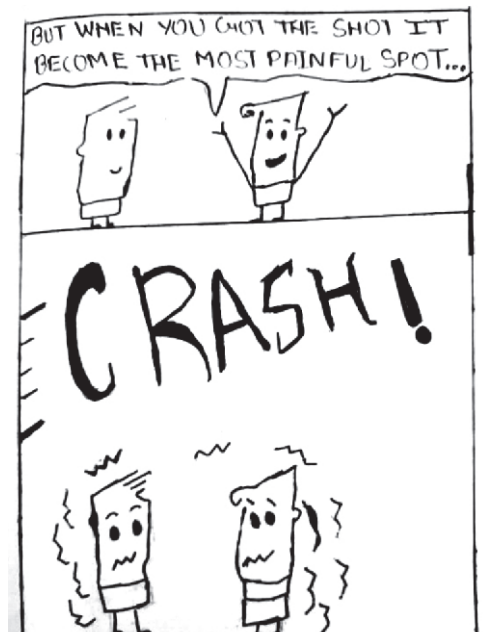
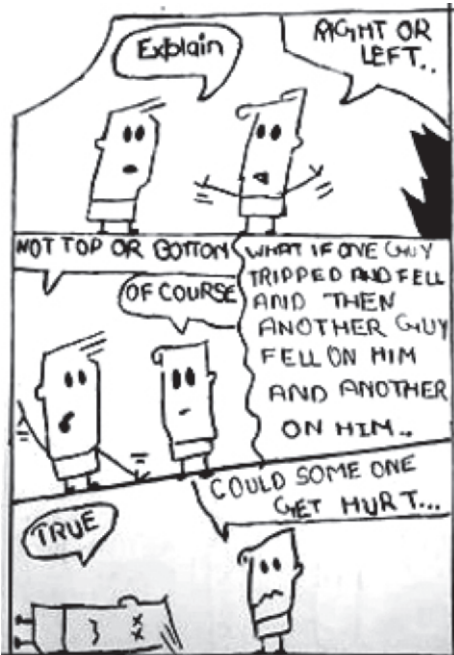
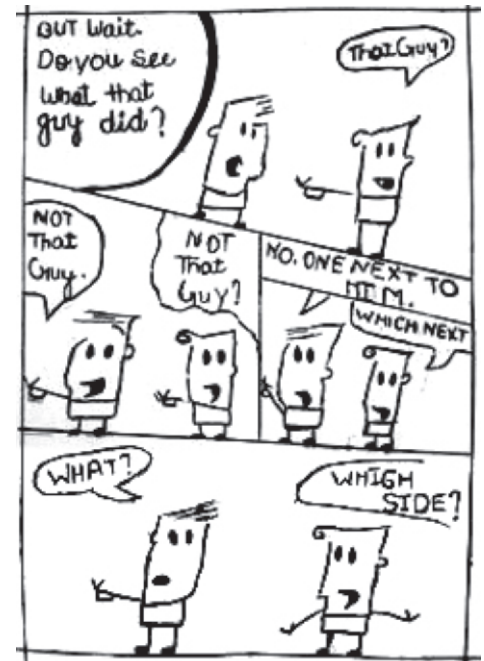
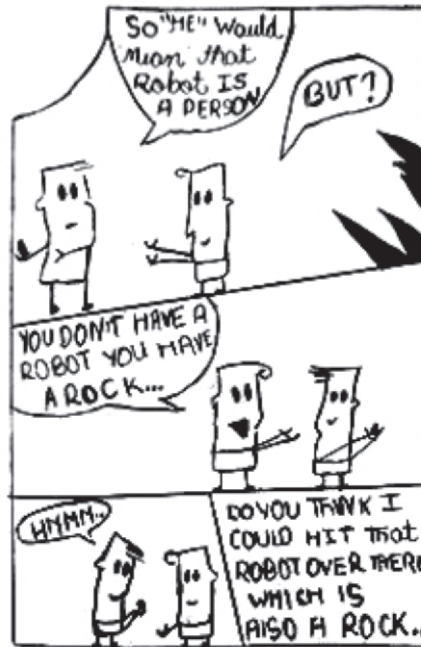
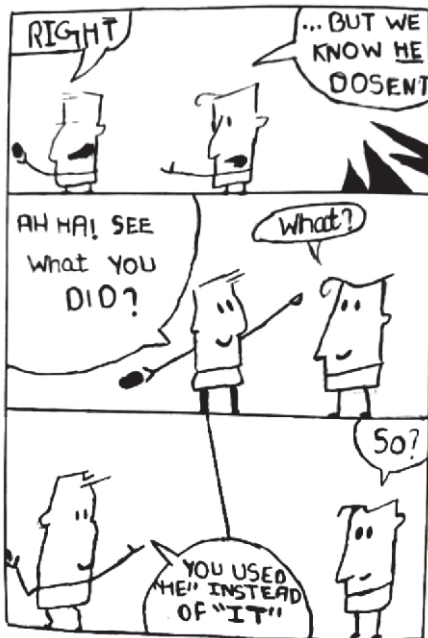
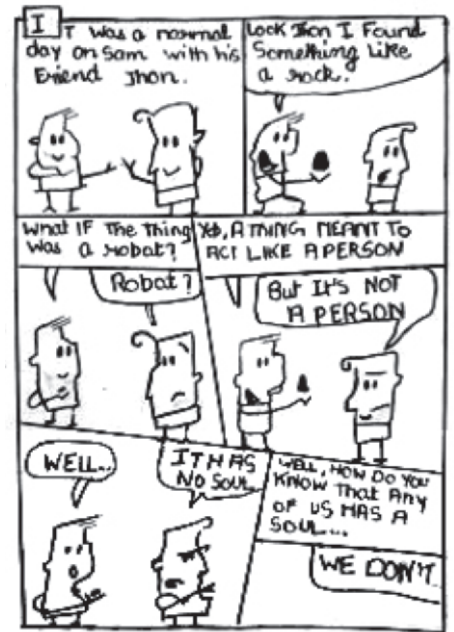


1. Bread is the most eaten food in the world.
2. The world's largest desert is not the Sahara. Antarctica is technically the world's largest desert because it receives very little precipitation.
3. Hot water freezes faster than cold water.
4. The moon has moonquakes. Similar to earthquakes, they are caused by the gravitational pull of the earth.
5. The Great Wall of China is visible from space not by naked eyes, but only with a magnifying glass.

THIS OR THAT



Divyansh Tripathi
VII-A



ENGLISH TIPS & TRICKS



Collected by : CHRIZ SOBIN, V-B

ONE WORD SUBSTITUTION

A person who knows everything	Omniscient
One who speaks less	Reticent
One who believes in God	Theist
A person who is above hundred years	Centenarian
One who loves mankind	Philanthropist
One who is unable to pay his debts	Insolvent
One who knows many languages	Polyglot
One who is indifferent to pleasure or pain	Stoic
One who looks on the bright side of things	Optimist
One who eats too much	Glutton
A list of books	Catalogue
A handwriting that cannot be read	Illegible
People living at the same time	Contemporaries
One who believes in fate	Fatalist
One who looks on the dark side of things	Pessimist
A person difficult to please	Fastidious
A book written by an unknown author	Anonymous
A thing that is fit to be eaten	Edible
Work for which no salary is paid	Honorary
A person who cannot read or write	Illiterate
A thing no longer in use	Obsolete
An office with high salary but no work	Sinecure
One who loves books	Bibliophile

Words to Use Instead of VERY

	
very lazy	indolent
very fat	obese
very afraid	terrified
very crowded	bustling
very simple	basic
very tall	towering
very lively	animated
very eager	keen
very detailed	meticulous
very confused	perplexed
very angry	furious
very beautiful	exquisite
very fast	quick
very risky	perilous
very short	brief
very worried	distressed
very good	excellent
very accurate	exact
very clean	spotless
very dear	cherished

PHRASAL VERBS – TRAVEL

Set off = Start a journey

E.g. We **set off** for Paris just after ten.



Get in = Arrive (train, plane)

E.g. The train **got in** late.



Hold up = Delay when travelling

E.g. Sorry I'm late – I was **held up** at work.



Get off = Leave a bus, train, plane

E.g. We **get off** at the next station.



Check out = Leave the hotel after paying

E.g. We **checked out** at noon.



Get away = Have a holiday or vacation

E.g. We're hoping to **get away** for a few days at Easter.



SAYING WELL DONE

- Way to go
- Marvelous
- Good for you
- Well, look at you go
- Tremendous
- I am impressed
- You did it that time
- You are really improving.



NEVER GIVE UP



Ayesha Parveen
VII-A



Once upon a time there lived a boy named Chiyan in the Village of Sangpo. He was very happy with his family. But his happiness could not last for long. The village was facing a severe drought. The whole village prayed for rains, but no luck helped them. All the crops, land and rivers dried out. Animals began to die without water. The villagers raised their hands to heaven for help.

One day, all the villagers were called for a meeting. Chiyan said "Friends, we have heard from our grandparents that a river is flowing deep down through our village. Why don't we dig and see?" All the villagers agreed.

Next day onwards, they started digging for the river. Days passed. Most of the villagers were tired and dropped the plan as there was no sign of water. All blamed Chiyan for his plan. But Chiyan did not stop. He continued his work.

One late night while digging, he found the sign of water. He shouted with happiness. The villagers gathered and started helping him again. At last, they found the river water. They were very happy. Chiyan advised his friends – "Never give up, when we decided to work for a goal, continue it until you get it."

Here onwards, when there was any emergency, the whole villagers came together and worked for it. The villagers named the river "Chiyan".

EDUCATION The Jewel



Aarish Husain, VI-B

Education is the most important thing that everybody must have because education plays an important role in upcoming generation. One should be properly educated to achieve something in life. No matter where you are getting educated, what matters is just your focus on studies. As it is said "Education is the key to unlock the golden door of freedom."

Quotes



Aaradhya Chouhan
V-A

1. Human are like roses which have many colours.
2. Knowledge is useless until you use it.
3. People judge you by your manners, not by your knowledge.
4. Don't believe in people, they will hate you, shake you and break you. Just believe in yourself, this will make you create you and sharp you.
5. As long as your intentions are true, nothing can stop you.



Aryan Kumar, V-B

Never give up on your dreams
Though time has passed by
Dreams are not forgotten-
Just dormant
Till they come to life.
God had a dream one day,
He never gave up on us.
It happened many years ago,
It happened upon the cross.
"The grass withers, the flower
Fades, but the word of God
Stands forever."

A TEACHER'S NOTE

Dear Students,

My wish for you is that you see the light in this world, in yourself, and in others **I see the light in you.** Compliment others, and be proud of your own accomplishments, **I am proud of you.** Believe in yourself, for you are stronger than you know. **I believe in you.** Try hard, but know your limits. Ask if you need help, and trust, others will help you. **I will help you.** Fill your heart with laughter and smile often. **I love to see your smile.** You are a unique, special, and amazing person. There will never be another you. **I appreciate all of you.** Dream, believe, wonder, inspire, love, nurture, and always listen That is what **I will do for you.**



WOMEN'S EMPOWERMENT



Medha Singh
VIII C

Women's empowerment can be defined to promoting women's sense of self-worth, their ability to determine their own choices, and their right to influence social change for themselves and others. It is closely aligned with female empowerment – a fundamental human right that's also key to achieving a more peaceful, prosperous world.

In Western countries, female empowerment is often associated with specific phases of the women's rights movement in history. This movement tends to be split into three waves, the first beginning in the 19th and early 20th century where suffrage was a key feature. The second wave of the 1960s included the sexual revolution and the role of women in society. Third wave feminism is often seen as beginning in the 1990s.

Women's empowerment and promoting women's rights have emerged as a part of a major global movement and are continuing to break new ground in recent years. Days like International Women's Empowerment Day are also gaining momentum.

But despite a great deal of progress, women and girls continue to face discrimination and violence in every part of the world.

The seven Principles of woman empowerment are:

Principle 1 : Create high-level corporate leadership for gender equality.

Principle 2 : Treat all people fairly at work, respecting and supporting non-discrimination and human rights.

Principle 3 : Ensure the health, wellbeing and safety of all workers, whether male or female.

Principle 4 : Promote education, training and professional development for women.

Principle 5 : Implement supply chain, marketing practices and enterprise development that empower women.

Principle 6 : Champion equality through community initiatives and advocacy.

Principle 7 : Measure and report publicly on progress to create gender equality.

Indian Gems – 1

SAINA NEHWAL



**Sanya S
III A**

Saina Nehwal is the first-ever badminton player from India to clinch an Olympic medal. The Indian shuttler created history when she won the bronze medal at the London 2012 Games.

The Haryana shuttler started turning heads very early on in her career when she won the BWF World Junior Championships in 2008. The same year she made her first Olympics appearance in Beijing, but it was only at London 2012 that she gained worldwide fame.

Born on 17th March 1990, Saina Nehwal started playing badminton at the age of eight after her family moved from Haryana to Hyderabad. Her initiation into the game was primarily because she didn't know the local language well and she wanted to further the dream of her mother, who was a state-level badminton player herself. The Indian shuttler successfully did that by representing India at the highest level in 2008 at the Beijing Olympics.

En route to becoming the first Indian woman to reach the last eight of Olympic quarter-finals, a young Saina Nehwal defeated the then world number five Wang Chen of Hong Kong before losing to Indonesia's Maria Kristin Yulianti in the quarter-finals of Beijing 2008.

HOPE



**Farheen Shamsi
XI A**

Don't cry my dear sisters,
don't cry today
The storm may be raging
thunder crashing.
With clouds threatening
and lightning flashing
Darling, the sky won't always
be that way..
Dear brothers, don't burden
yourselves this night
The sky may be dark
As a raven's wing.
And you don't know what the
Next turn may bring

but on the horizon, a line
breaks bright
These troubled times
are treacherous and tough
often wondering whether you'll
eat or Starve
But each day is a day,
which our God carved
even now his provision is
enough
DREAM of that day with each
Silver lining
A cloudless day, with a
Bright Sun shining.

Why me?

**Peehu Rani
VI C**



If you have to ask why me?
When you're feeling really blue,
When the world has turned against you
And you don't know what to do,
When it pours colossal raindrops
And the road's winding mess,
And you're feeling more confused
Than you ever could express,
When the saddened sun won't shine,
When the stars will not align,
When you'd rather be inside your bed,
The covers pulled above your head,
When life is something,
That you dread and
You have to ask why me?.....
Then when the world seems right and true,
When rain has left a When de dew,
When you feel happy being you,
Please ask yourself why me? Then, too.

**THE PHENOMENAL
ICSE GRADE X RANK HOLDERS**

1st SPARSHI BISHNOI 98.2%	2nd DHAIRYA RATHI 97.2%	2nd MANISH CHAUHAN 97.2%
3rd CHARCHIT BHARTI 96.4%	4th ALFIYA KHALID 94.4%	



**The Phenomenal[®]
ISC Grade XII Science Toppers**

1 MOHD ADNAN SHAMSI 92.5%	1 SAMRA ITFAL 92.5%	2 VARNIKA CHAUHAN 92.25%
3 AMMAN WASSAY 91%	4 LAIBA NOOR 90.75%	5 FIZZA SHAMSI 90.25%

**The Phenomenal[®]
ISC Grade XII Commerce Toppers**

1st WANIA FAZIL 83.75%	2nd ETIKA KARNWAL 82.25%	
3 OM AGARWAL 81%	4 HARSH KUMAR 81%	5 KAVYA THAPAN 80.25%

Heartiest Congratulations !